

Newsletter

Maryland Public School

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Our P & C Association meets the 3rd Tuesday of each month at 7.30pm
All parents and community members are welcome to attend
Our School Council meets the 3rd Tuesday at 6.00pm

Skills for Life

Respect

Responsibility

Excellence

Safety

Monday, 31 July 2017

PRINCIPAL'S REPORT

Welcome to Week 3.

Last Thursday we celebrated NAIDOC day here at MPS and had sensational weather, atmosphere and activities. I'd like to extend a heartfelt thank you to Mr David Newham and his wonderful friends for providing such an outstanding range of experiences for us all to enjoy whilst learning about connectedness, cultural identity and tradition. What a super day it was. Congratulations and thanks also to Mrs Dalais for her superb coordination of this event.

Athletics carnival tomorrow – come along to cheer, support and encourage our students as they race, jump and compete! Looking forward to another fantastic community event - all welcome.

This Wednesday morning, the schools in the Callaghan Education Pathways (CEP) are recognising students who have demonstrated that they are striving for success, at the annual Education Week assembly held at Callaghan College Jesmond Campus. I look forward to presenting five of our most deserving students, their awards at this assembly. Names to be published next week.

We look forward to having many visitors on Wednesday for our Education Week open classrooms followed by the Westpac Helicopter visit at Grange Oval. Please join us at 9.45am in classrooms so you can see the great learning that happens every day at MPS. We are asking parents and carers during this time to give us feedback about our programs and initiatives at MPS to help us plan for the next three years. Your thoughts and ideas will help shape our directions so please take five minutes to share your thoughts.

The following link will take you directly to an online form, where you can answer a few questions. Alternatively, we will have paper copies available on Wednesday for you to have your say. Thanks in advance for your time and ideas.

Parent and Community Feedback about Maryland Public School document can be found at -

https://docs.google.com/forms/d/e/1FAIpQLSe_gfMErDFO6zo2BBLh1cNR6sc7u5teJYzd15tekoXZOPSAbg/viewform?c=0&w=1&includes_info_params=true

Wednesday agenda:

9.45am Classroom doors open
10.10am Walk to Grange Oval
10.30am Helicopter lands
11.30am Staff, students and visitors back to school

11.35am Picnic morning tea

Parents and friends are invited to join us. Morning tea items are available for purchase at the canteen.

Student Attendance

We have just started to use the SMS option on our school based system to communicate with parents regarding student absence from school. Each day by 11am, a message will be sent to all parents of students absent from school on that day (partial absence and full day absence). This will provide an opportunity for parents to respond via SMS, the reason for the absence. This will streamline our procedures for monitoring student attendance at school. Once you respond via SMS, you will not be required to send in a written letter of explanation. If you do not respond via SMS, you will be required to send a written explanation (note or email) upon your child's return to school (as per usual). Parents / caregivers are required to provide an explanation for absence to the school within 7 days from the first period of any absence. The 7 day timeframe for explaining absences is a requirement of the Education Act (1990). To enable us to accurately send the SMS reminders, it is important that we have current contact details for all families. Please notify our office promptly if your contact details change so we can update our records. It is vital to the safety of your children that we have current and accurate contact details on hand.

As this is a new feature on our system, we respectfully request your patience through our initial implementation. If you receive an SMS and have already provided an explanation for absence, please just delete / ignore the text message. Thank you for your support with this.

Have a wonderful week everyone and remember - *"Win or lose, do it fairly."* – Knute Rockne

Mrs Van Egmond ☺

2018 Kindergarten Orientation Program

Planning is underway for the 2018 Kindergarten Orientation Program. If you have a child or know of any families who have a child turning 5 on or before 31 July 2018 please contact the school office. Information will be mailed out regarding the program very soon.



<https://www.facebook.com/MarylandPublic/>



Education &
Communities

Calendar

Term 3 – Week 3

Tuesday, 1 August 2017	9.00am Athletics Carnival
Wednesday, 2 August 2017	9.45am Classroom Visits and Picnic for Education Week 10.00am Education Week CEP Assembly at Callaghan College Jesmond Campus 10.30am Westpac Helicopter visit
Friday, 4 August 2017	Stage 1 Swimming Program 2.20pm Early Stage 1 & Stage 1 Assembly

Term 3 - Week 4

Wednesday, 9 August 2017	Zone Athletics Carnival
Friday, 11 August 2017	Stage 1 Swimming Program 2.20pm Stage 2 & Stage 3 Assembly

Important Dates for Your Diary

Sunday, 13 August 2017	Wallsend Winter Fair
Monday, 14 August 2017	Water Safety Talks
Tuesday, 15 August 2017	ICAS Mathematics Competition
Friday, 18 August 2017	Stage 1 Swimming Program 2.00 Whole School Assembly
Monday, 21 August 2017	Teen Talk
Tuesday 22, August 2017	Teen Talk
Friday, 25 August 2017	Stage 1 Swimming Program 2.20pm Early Stage 1 & Stage 1 Assembly
Tuesday, 29 August 2017	K- 2 Responsible Pet Education Talk
Wednesday, 30 August 2017	Book Fair
Thursday, 31 August 2017	Book Fair 5.00pm – 6.00pm Kinder 2018 Parent Information Session
Friday, 1 September 2017	Stage 1 Swimming Program 2.20pm Stage 2 & Stage 3 Assembly
Thursday, 7 September 2017	Performing Arts Matinee & Evening Performance
Friday, 8 September 2017	Stage 1 Swimming Program Colour Run & Obstacle Course Fun Day 2.20pm Early Stage 1 & Stage 1 Assembly
Friday, 15 September 2017	Sport & Group Photos Stage 1 Swimming Program Finishes 2.20pm Stage 2 & Stage 3 Assembly
Tuesday, 19 September 2017	9.30am – 10.30am Kinder 2018 Orientation Session
Friday, 22 September 2017	2.00pm Whole School Assembly
Monday, 9 October 2017	Staff & Students resume for Term 4
Tuesday, 17 October 2017	9.30am – 10.15am Kinder 2018 Orientation Session
Wednesday, 15 November 2017	9.30am – 10.15am Kinder 2018 Orientation Session

Wednesday, 29 November 2017	9.30am – 10.15am Kinder 2018 Orientation Session Last day of Term 3
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STAGE 1 NEWS

Stage 1 Balance Swimming Program

As per original permission note, swimming caps are required to be able to participate in the swimming program at Balance Swim Centre, Mayfield.

The swim centre has informed the school if students arrive without a cap they will not be able to participate.

Due to health regulations the centre will no longer be lending caps or goggles.

If your child does not have a cap they are available at the school office for \$10.00.



Mr Geoff Manners (Relieving Stage 1 Leader)

CHOIR NEWS

Welcome back to all continuing and new choir members. We have a few performances coming up this term. Our first performance will be at the Wallsend Winter Fair on Sunday, 13 August. Students will be given their choir shirts at the event. We are scheduled to perform at 9:45am, but students will need to meet Mrs King at 9:15am at the side entrance to the Baptist Church Hall. A note was sent home a few weeks ago regarding this.

Our next performance will be at the Friday afternoon assembly during Week 5. Choir shirts will be distributed at the choir rehearsal the day before our assembly.

The final performance for Term 3 will be at the school's performance matinee and evening on Thursday, 7 September.

Please remind your children to learn the words to all songs and to practise at home.

Mrs Rasha King & Mrs Karlie Brooks
(Choir Coordinators)

ICAS Science & Digital Competition

Congratulations to the following students who received meritorious mention in the recent ICAS Science and Digital Technologies Competitions.

Digital Technologies**YEAR 3**

- *Distinction:* Brock M
- *Credit:* Maylee A, Sanjith D, Thomas F, Rathin K
- *Merit:* Abdullah A, Ethan H

YEAR 4

- *Credit:* Liam C, Yi-Jhen L, Brianna M, Samuel M, Nathanael M
- *Merit:* Noah G

YEAR 5

- *Distinction:* Cooper B, Mitchell F, William R
- *Credit:* Cadence C, Kane C, Tyler F, Skye R, Rosamond Z
- *Merit:* Emelia P, Vishnupriya S

YEAR 6

- *Distinction:* Caerwyn B, Prian S
- *Credit:* Zayed A, Thomas B, Lachlan B, Reuben C, Isaac C
- *Merit:* Lachlan A, Isabella L, Kade M, May-Rose R

Science**YEAR 3**

- *Credit:* Abdullah A, Kya J
- *Merit:* Sanjith D, Nicholas R

YEAR 4

- *Distinction:* Brianna M
- *Credit:* Roy C, Angela M
- *Merit:* Liam C, Samuel M

YEAR 5

- *High Distinction (Perfect Score):* William R
- *Distinction:* Tyler Franzsen
- *Credit:* Cooper B, Cadence C, Kane C, Mitchell F, Mercyne J
- *Merit:* Vishnupriya S

YEAR 6

High Distinction: Caerwyn Berry

Distinction: Lachlan B

Credit: Reuben C, Isaac C, Isabella L, Viet Anh N, Prian S

Merit: Thomas B

SPORT NEWS**Stage 2 Sportslink**

Each week Stage 2 will be learning the skills of their selected sport. They will then play in a Sportslink gala at the end of the term against local schools.

Athletics Carnival

The school Athletics Carnival will be held on Tuesday, 1 August at Glendale Athletic Centre. All students have trialled at school for the field events and the top 8-10 students will compete in the field events at the school carnival.

The divisions are Junior (8, 9 & 10 years), Senior (11 & 12 years). Students qualify for the Zone Carnival as follows:

- 1st and 2nd place - 200m, 800m, 1500m and field events.
- 1st, 2nd and 3rd place - 100m - each individual age group.

If you are able to assist at the carnival please see Mrs Wingrove. The Zone Carnival is on Wednesday, 9 August.

PSSA Hunter Basketball

We wish Lachlan B the best of luck as he plays in the State Basketball competition this week.

Mrs Debbie Wingrove (Sports Coordinator)

PRELOVED UNIFORM SHOP NEWS**Opening Hours**

- Tuesday Mornings 8.30am until 9.00am
- Thursday Afternoons 2.45pm until 3.15pm

Cyndi and Carmen ☺☺

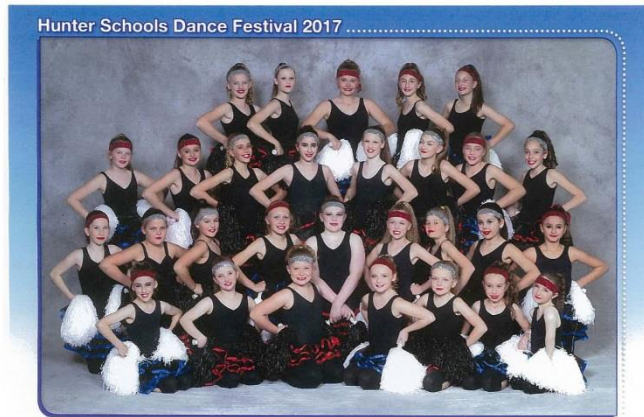
NEW UNIFORM SHOP NEWS**Opening Hours**

- Tuesday 8.30am - 9.30am
- Thursday 2.30pm - 3.30pm

CANTEEN NEWS**Canteen Roster Term 3**

Week 3		
Wednesday	2 August	Miyako, Lesley, Robyn
Thursday	3 August	Katie O., Jessica, Cassandra
Friday	4 August	Jamie, Alicia G., Sharna
Week 4		
Monday	7 August	Carmen, Cath
Tuesday	8 August	Carmen, Sheree
Wednesday	9 August	Miyako, Lesley, Robyn
Thursday	10 August	Rachel, Alisa, Carmen
Friday	11 August	Jamie, Deanna, Nathan, Cassandra
Week 5		
Monday	14 August	Carmen, Vicki Q
Tuesday	15 August	Carmen, Sarah J
Wednesday	16 August	Miyako, Lesley, Robyn
Thursday	17 August	Susan B, Helen
Friday	18 August	Jamie, Bec S, Amanda S

Hunter Dance Festival



Maryland Public School

NAIDOC DAY



NEWS FROM THE P&C

TSHIRTS & COLOUR RUN

Thank you to everyone who was able to support our Colour Run/25 year Commemorative T-shirt fundraiser. We received well over 200 orders! Planning for the Colour Run & Obstacle Course Day is in full swing. Your child should now have their Sponsorship and Prizes information pamphlet. There are two options available for the collection of sponsorships funds; your child can collect cash sponsorships or you can go to the Everyday Hero website and create a profile for your child. There are various benefits to setting up an Everyday Hero profile for your child; you can share the link on Social Media for maximum exposure; family and friends who don't live close by can simply jump online to sponsor your child; you don't have the added responsibility of cash



sponsorships to collect and, in case that's not enough of an incentive to set-up an online profile, **all online profiles automatically go into the draw to win a \$30,000 Ultimate Webjet Family Experience!!** Simply go to <https://give.everydayhero.com/au/get-started>, you will be asked who your Charity is, this is where you enter the words, Maryland Public School.

WOOLWORTHS EARN & LEARN

The Woolworths Earn & Learn promotion is on again. Start collecting your stickers and place them in the drop-point boxes located at Woolworths Jesmond and Warabrook, or we have a drop-box in the Office foyer. Be sure to tell your friends and family that you're collecting the stickers. The more we collect the bigger the rewards for our school.



NAIDOC CELEBRATION DAY

Our NAIDOC celebrations day BBQ was a great success. Special thanks to Mr Higgins who was a great help on the bbq, and to our wonderful volunteers - your hard work makes events such as this so successful.

GETTING TO KNOW YOUR P&C COMMITTEE



We often hear about our 'hard-working' P&C Committee, however, more often than not many people don't know who the so-called 'hard-workers' are. Renae Phillips has been the Treasurer for MPS P&C Committee for 4 years. A busy working mum with 2 sons, Renae has dedicated countless hours of her precious time to balancing our books, whilst contributing to the organisation of many events the P&C have run during her time in the Role. The P&C would like to thank Renae for her ongoing dedication, commitment and terrific contribution to the MPS P&C Committee.

Make sure you follow us on Facebook to stay up to day with what's happening. Search 'maryland public school p&c association'.

Alissa Jamieson
MPS P&C President



COMMUNITY NEWS



Maryland/Shortland Scout Group

Scouts Australia NSW involves **boys and girls** aged 8 to 18 in the Scout Program where they engage in peer to peer mentoring and healthy, outdoor adventurous activities. Through Scouts, youth gain confidence in themselves, learn problem solving, risk management as well as life and leadership skills. They understand the importance of honesty, integrity and community service; and as a result our young people become healthy, active citizens, business leaders and role models in their local community.

Where
Glendore Public School Hall – Maryland Drive, Maryland

When
Scouts & Venturers – Mondays 7 - 9pm
Cubs – Tuesdays 6.30 - 8pm

Scout Section Age Ranges
Cub Scouts 8 - 11 years
Scouts 11 - 15 years
Venturers 15 - 18 years

Want more info
Email enquiries to marylandshortland@gmail.com or just call into the hall on one of our nights.

Costs
Costs \$100 per school term (plus one off registration fee \$50)
Additional costs may include excursion nights, camps, scout shirt etc



Scouts – the best fun a kid can have!

Pack your child a HEALTHY LUNCH BOX

Choose a variety of foods from each food group



MAKE WATER
YOUR DRINK

PACK ICE BRICKS
TO KEEP FOOD
COOL

USE A THERMOS
TO KEEP FOOD
WARM

NSW
Health



Nutrition Snippet

The simplest way

...to swap out sugary lunch box snacks.

Did you know that out of more than 260 kids' packaged snacks available on the market only three scored a top rating of five health stars?*



With plugs like 'real fruit,' and 'no artificial colours or flavours' you could unknowingly be serving six or more teaspoons of sugar in one lunch box snack.

Swap the lunch box sugar with some of these healthy snacks that are tasty and easy to make:

- Veggie sticks with hummus or avocado dip.
- Homemade muesli bars and muffins.
- Plain popcorn, nuts or roasted chickpeas.
- Plain rice crackers.
- Baked pita bread with roast veg dip.
- Stewed apple with cinnamon and sultanas.

For more snack ideas visit: eatittobeatit.com.au.

*Miranda Herron. 2016. Kids' lunchbox snacks. CHOICE
Available at: <https://www.choice.com.au>. [Accessed April 2017]

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit



Good for Kids good for life

WHY DOES OUR SCHOOL HAVE HEALTHY EATING AND PHYSICAL ACTIVITY PROGRAMS?

Good nutrition and physical activity improves students' concentration and behaviour and boosts school performance.

Below are some examples of strategies schools are implementing to promote healthy eating and physical activity:

- Crunch&Sip® – a daily fruit, vegetable and water program
- NSW Healthy School Canteen Strategy – revised canteen strategy replacing Fresh Tastes @ School
- PE lessons have a focus on developing students fundamental movement skills
- Students have access to physical activity equipment during breaks
- Teachers have been trained in the Live Life Well @ School Program
- Teachers are regularly incorporating healthy eating and physical activity into their lessons



PHONE 4924 6499