

Newsletter

Maryland Public School

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Our P & C Association meets the 3rd Tuesday of each month at 7.30pm
All parents and community members are welcome to attend
Our School Council meets the 3rd Tuesday at 6.00pm

Skills for Life

Respect

Responsibility

Excellence

Safety

Tuesday, 8 August 2017

PRINCIPAL'S REPORT

Welcome to Week 4

Congratulations to staff, students and families who came to compete, coordinate events and cheer at our annual athletics carnival last Tuesday. Fantastic weather, sportsmanship and participation made for an excellent day. Thanks again to Mrs Wingrove for her incredible organisation to ensure the day ran smoothly and in such a professional manner. Even the slight hiccup of bus malfunctioning couldn't dampen this day! Well done to everyone, it was simply awesome.

Last Wednesday was another highlight on the 2017 school calendar, with the Westpac Rescue Helicopter and crew landing next door at Grange Oval, just for us! Another spectacular day of sunshine and clear skies made for a smooth landing followed by an educational talk by the crew. I was shocked to learn (amongst other things) that each of the new helicopters in the fleet are worth a staggering \$18 million! It puts into perspective just how important the work they do every day is to our community and how incredibly fortunate we are to have two of these helicopters housed here in our local area! Congratulations and thanks to Westpac for providing this opportunity to our school community. We are sincerely grateful.

As mentioned in last weeks' newsletter we are asking parents and carers to provide feedback about our programs and initiatives at MPS to help us plan for the next three years. Your thoughts and ideas will help shape our directions so please take five minutes to share your thoughts.

The following link will take you directly to an online form, where you can answer a few questions. Thanks in advance for your time and ideas.

The Parent and Community Feedback about Maryland Public School document can be found at -

https://docs.google.com/forms/d/e/1FAIpQLSe_gfMErDFO6zo2BBLh1cNR6sc7u5teJYZd15tekoXZOPSAbg/viewform?c=0&w=1&includes_info_params=true

We have experienced some difficulties ensuring our Friday afternoon assemblies are timed to include all scheduled items so have decided to change our starting time. As of this week, Friday afternoon assemblies will begin at 2pm.

In the week beginning Monday September 4, we will be celebrating our schools' 25th Birthday via a range of activities across the week. Please lock these dates in so you are able to celebrate with us:

Wednesday 6 September – Maryland Meander (Art show)

Thursday 7 September – Performance Matinee and Evening (Tickets available soon)

Friday 8 September – 25th Birthday Assembly and Colour Run!

More information regarding each of these events will be shared very soon. Keep a look out for coming information!

Have a safe and happy week everyone and remember –
“The best preparation for tomorrow is doing your best today.” - H. Jackson Brown

Mrs Van Egmond ☺

SMS ABSENCES

Thank you to the parents who have been replying to the SMS Absence Notifications. It is imperative that if you have more than one child away that you reply to each child's SMS Notification as this is an automated service. Your explanation automatically attaches to student's absence. For further information please contact the office.

2018 Kindergarten Orientation Program

Planning is underway for the 2018 Kindergarten Orientation Program. If you have a child or know of any families who have a child turning 5 on or before 31 July 2018 please contact the school office.



Find us on:
facebook®

<https://www.facebook.com/MarylandPublic/>

Calendar

Term 3 – Week 4

Wednesday, 9 August 2017	Zone Athletics Carnival S1 Public Speaking Finals @ 11.00am Medowie PS
Thursday, 10 August	S2 Public Speaking Finals @ 10.45am Anna Bay PS
Friday, 11 August 2017	Permission Note and Payment Due for Year 6 Teen Talk Stage 1 Swimming Program S3 Public Speaking Finals @ 10.45am Mayfield West PS 2.00pm Stage 2 & Stage 3 Assembly
Sunday, 13 August 2017	Wallsend Winter Fair



Education &
Communities

Term 3 - Week 5

Monday, 14 August 2017	Water Safety Talks
Tuesday, 15 August 2017	ICAS Mathematics Competition
Friday, 18 August 2017	Stage 1 Swimming Program 2.00pm Whole School Assembly

Important Dates for Your Diary

Monday, 21 August 2017	Teen Talk
Tuesday, 22 August 2017	Teen Talk
Friday, 25 August 2017	Stage 1 Swimming Program 2.00pm Early Stage 1 & Stage 1 Assembly
Tuesday, 29 August 2017	K - 2 Responsible Pet Education Talk
Wednesday, 30 August 2017	Book Fair in the Library Year 6 Taster Lessons @ CCWC
Thursday, 31 August 2017	Fathers' Day Stall Book Fair in the Library 5.00pm – 6.00pm Kinder 2018 Parent Information Session
Friday, 1 September 2017	Stage 3 Canberra Final Payment Due Stage 1 Swimming Program 2.00pm Stage 2 & Stage 3 Assembly
Wednesday, 6 September 2017	Maryland Meander (Art Show)
Thursday, 7 September 2017	Performing Arts Matinee & Evening Performance
Friday, 8 September 2017	Stage 1 Swimming Program Colour Run & Obstacle Course Fun Day 25 th Birthday Assembly
Friday, 15 September 2017	Sport & Group Photos Stage 1 Swimming Program Finishes 2.00pm Stage 2 & Stage 3 Assembly
Tuesday, 19 September 2017	9.30am – 10.30am Kinder 2018 Orientation Session
Friday, 22 September 2017	2.00pm Whole School Assembly Last day of Term 3

Term 4

Monday, 9 October 2017	Staff & Students resume for Term 4
Tuesday, 17 October 2017	9.30am – 10.15am Kinder 2018 Orientation Session
Wednesday, 15 November 2017	9.30am – 10.15am Kinder 2018 Orientation Session
Wednesday, 29 November 2017	9.30am – 10.15am Kinder 2018 Orientation Session

We have heard some great speeches over the last two weeks and thank you for having your children prepared and ready to take part in this valued event. Our two ES1 representatives Jonathan and Jordan will be speaking in the zone competition and we wish them all the best.

The WESTPAC Rescue Helicopter visit prompted some good discussions in classes followed up with writing and art/craft activities.

Just a reminder to ensure students have their hats each day and particularly on Fridays when we are out at sport.

ESW have enough recycled boxes at the moment, thank you for your contributions but we do not need any more at the moment.

Regards Mrs L Williams (ES1 Leader)

STAGE 3 NEWS

The next few months will be busy and exciting times for our year 6 students as they prepare for their transition to secondary education. This is the opportunity for students and parents to ask questions and seek answers from the various high schools your children may be attending. Now is the time for communication with your child's high school to begin. Staff from MPS (class teachers and learning support teams) have or are in the process of discussions as part of high school transition. Many of the high schools will be offering information through orientation days, taster days and correspondence. In the majority of cases, teachers from MPS and high schools will be in close communication to assist in this transition.

Taster Lessons Callaghan College Wallsend Campus Year 6

Permission notes were sent out last Friday with children designated to attend. Notes are to be returned to Mr Wells by this Friday. This is part of the Year 6 orientation program to high school. Please note children are to find their own way to and from the high school on this day. A staff representative will be at the high school on this morning to assist with the settling in process for Maryland students. As with such events MPS students are expected to uphold the school values.

Teen Talk

Notes have been sent home for this initiative. This session for Year 6 students follows outcomes associated with PDHPE and is a DoE accredited program. Please ensure that notes and payment are returned by due date this week. This will greatly assist in organisation for the days involved.

It is now down to ten weeks until Stage 3 heads off to Canberra.

Notes regarding payment were sent out yesterday. MOST importantly is the yellow medical forms that need to be filled out and returned to the school office. The processing of these is a massive undertaking and prompt returns will be greatly appreciated.

Quote for the week.

"Be the reason someone smiles today. They and you may need it."

Mr Wells (Relieving Assistant Principal)

PEER SUPPORT NEWS

We are commencing our third Peer Support lesson this week. The whole school participates in Peer Support for 30 minutes each week. Two Peer leaders facilitate a small group of 8-10 younger students, who work together through a number of structured activities. Each teacher will supervise 2-3 groups in their classroom. We are working on a module called Living Positively helping us explore the concept of optimism. The module runs for 8 sessions.

This week in Peer Support the children will identify their strengths. Children will explore the following important strengths - curiosity, kindness and teamwork. Through the activities, children will be able to recognise which strengths they possess. They will realise how important it is to use their strengths in different situations. During the week encourage your child to share their strengths with you.



Summah and Aidan leading a Peer Support session.



Judeann and Jacob leading a Peer Support session.

SPORT NEWS

Stage 2 Sportslink

Each week Stage 2 will be learning the skills of their selected sport. They will then play in a Sportslink gala at the end of the term against local schools.

Athletics Carnival

The school Athletics Carnival was a great success last Tuesday. Thank you to the students who competed, the teachers who worked hard and the parents who supported on the day. We were very fortunate to have great weather. The Zone carnival will be held this Wednesday, 9 August at Glendale Athletic Centre. We wish all competitors the best of luck.

Mrs Wingrove (Sports Coordinator)



CONGRATULATIONS to the following students, who have completed the Premier's Reading Challenge!



Eleya C, Sanjeev D, and James D



Zachary A, Aaliyah A, Jake B, Maddison B, Lauren C, Heidi D, Koby D, Grace F, Larissa F, Austin F, Zoe G, Kyla J, Dakoda K, Caitlyn L, Joseph M, Lilly Mc, Brock M, Mitch M, Harpa O, Ava P, Ethan T and Campbell T



Zayed A, Cooper B, Savannah D, Kahlee D, Garuahgal, Cooper F, Mitchell F, Aidan H, Jack M, Tahlia P, William R and Ava W.

The Premier's Reading Challenge will close on 25 August,
So keep on borrowing from the Library!
Also, don't forget to come in and check out the fantastic range of



on display NOW



Mrs Gleeson (Teacher/Librarian)

WALLSEND WINTER FAIR

Students in Senior Dance, Band and Choir were given notes on Friday, 4 August in regards to organisation and requirements for the Wallsend Winter Fair. If your child didn't get the note please contact the Office.

CANTEEN NEWS

Canteen Roster Term 3

Week 4

Wednesday	9 August	Miyako, Lesley, Robyn
Thursday	10 August	Rachel, Alisa, Carmen
Friday	11 August	Jamie, Deanna, Nathan, Cassandra

Week 5

Monday	14 August	Carmen, Vicki Q
Tuesday	15 August	Carmen, Sarah J
Wednesday	16 August	Miyako, Lesley, Robyn
Thursday	17 August	Susan B, Helen
Friday	18 August	Jamie, Bec S, Amanda S

Week 6

Monday	21 August	Carmen, Cath
Tuesday	22 August	Carmen, Sheree
Wednesday	23 August	Miyako, Lesley, Robyn
Thursday	24 August	Janelle, Lesley, Helen
Friday	25 August	Jamie, Deanna, Nathan, Cassandra

PRELOVED UNIFORM SHOP NEWS

Opening Hours

- Tuesday Mornings 8.30am until 9.00am
- Thursday Afternoons 2.45pm until 3.15pm

Cyndi and Carmen ☺☺

NEW UNIFORM SHOP NEWS

Opening Hours

- Tuesday 8.30am - 9.30am
- Thursday 2.30pm - 3.30pm

COMMUNITY NEWS

WALLSEND LITTLE ATHLETICS CLUB

Competition Commences on Monday 4th September

Registration Dates for Summer 2017/2018 Season

Monday 14th August 5.30-7.30pm

Monday 21st August 5.30-7.30pm

Monday 28th August 5.30-7.30pm

All registrations will take place at Federal Park

We continue to take registration each and every Monday night throughout the season

www.wallsendathleticsclub.org.au

www.facebook.com/wallsend.tracknfield/

Email: info@wallsendathleticsclub.org.au

PUBLIC SPEAKING

These are our Kinder to Year 4 Public Speaking Finalists



STUDENT MURALS





Maryland/Shortland Scout Group

Scouts Australia NSW involves **boys and girls** aged 8 to 18 in the Scout Program where they engage in peer to peer mentoring and healthy, outdoor adventurous activities. Through Scouts, youth gain confidence in themselves, learn problem solving, risk management as well as life and leadership skills. They understand the importance of honesty, integrity and community service; and as a result our young people become healthy, active citizens, business leaders and role models in their local community.

Where
Glendore Public School Hall – Maryland Drive, Maryland

When
Scouts & Venturers – Mondays 7 - 9pm
Cubs – Tuesdays 6.30 - 8pm

Scout Section Age Ranges
Cub Scouts 8 - 11 years
Scouts 11 - 15 years
Venturers 15 - 18 years

Want more info
Email enquiries to marylandshortland@gmail.com or just call into the hall on one of our nights.

Costs
Costs \$100 per school term (plus one off registration fee \$50)
Additional costs may include excursion nights, camps, scout shirt etc



Scouts – the best fun a kid can have!



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--------------------|----------------------|
| laptops & tablets | lessons & activities |
| uniforms & shoes | books & supplies |
| sports fees & gear | camps & excursions |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact
Cynthia Culhane
your local Saver Plus
Coordinator
Phone
02 4032 4703
1300 610 355
Email
cynthia.culhane@thesmithfamily.com.au
Web
www.saverplus.org.au



Nutrition Snippet

The simplest way

...to help fussy eaters.

Fussy eating is very common and often very stressful for the whole family. While there is no magic solution, perseverance, involvement, presentation and disguise are four effective strategies that can help address this behaviour.

Other tips include:

- Offer new foods at times when children are hungry.
- Encourage kids to try new foods but do not force them to eat. "Parents provide, children decide" is a good rule of thumb to use.
- Let kids help out with food preparation.
- Be a good role model.
- Praise your child for trying new foods: sometimes kids refuse foods to get attention.
- Add "hidden" vegies to recipes such as spaghetti bolognese, soups, casseroles and home-made burgers.
- Cook vegies lightly and use a variety of types so they have different flavours and colours.
- It will take several attempts (10 – 15 times) so do not give up after the first time.



For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



Good for Kids good for life

ACTIVE TRAVEL

Active travel is a great way to get some extra physical activity in your day. Why not try these ideas on your way to and from school:

- Park a greater distance from school than usual and increase your step count!
- Instead of using the bus stop closest to your house, leave home a bit earlier and walk to the next bus stop
- For older children: if your school has bike racks available, why not ride your bike or scooter to and from school?



You can also include active travel in your weekend plans to ensure you're active every day!



PHONE 4924 6499



SCHOOL ATTENDANCE IS EVERYONE'S BUSINESS

EVERY CHILD DESERVES AN EDUCATION

YOUR CHILDREN NEED YOUR HELP TO DO WELL AT SCHOOL. YOU CAN HELP BY:



Ensuring children get a good night's sleep and get ready for school in the morning



Getting children to school every day

Asking questions to find what your child likes about school



Talking about going to school every day and how it helps children reach their dreams.



Talking about how school can be fun



EVERY DAY THEY MISS ADDS UP!

Skip
1 day

Miss 3 Years

Skip
2 days

Miss 5 Years

Skip
3 days

Miss 7 Years

Skip
4 days

Miss 10 Years

Skip
5 days

Miss 12 Years