

Newsletter

Maryland Public School

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Web: www.maryland-p.schools.nsw.edu.au



Our P & C Association meets the 3rd Tuesday of each month at 7.00pm
All parents and community members are welcome to attend
Our School Council meets the 3rd Tuesday at 6.00pm

Skills for Life

Respect

Responsibility

Excellence

Safety

Tuesday, 6 February 2018

PRINCIPAL'S REPORT

Welcome to the 2018 school year. To our new Maryland families and incoming Kindergarten friends, I extend a very warm welcome and anticipate that you all will thoroughly enjoy your time here at our beautiful school. Welcome back to all of our existing students and families too.

We have a few new staff members joining our team and they are very excited to be here! I am thrilled to welcome;

Miss Tanisha Brown (Stage 2), Miss Kirsty Ward (Stage 2 / 3), Miss Kira Gleeson (Support Unit teacher) and Mrs Melissa Bone (Support Unit SLSO).

After a hectic first few days, we were able to form our classes last Friday. Classes (and staffing) are as follows:

- KDO Mrs Oughton
- KPT Mrs Toll
- KLW Mrs Williams (Assistant Principal)
- K/1AG Ms Gero
- 1/2JB Mrs Birelson / Mrs Brooks
- 1/2SC Mrs Conn
- 1/2DG Mrs Groth
- 1/2TC Miss Clunes
- 3/4ND Miss Daly
- 3/4SG Mrs Garven
- 3/4TB Miss Brown
- 3/4MB Ms Blanch (Assistant Principal)
- 4/5KW Miss Ward
- 5/6RK Mrs King
- 5/6RW Mrs West
- 5/6DW Mrs Wingrove
- 5/6BB Mr Blyth (Assistant Principal)
- 5/6AW Mr Wells
- K/6CB Ms Berg (Support Unit)
- K/6KG Miss Gleeson (Support Unit)
- Assistant Principal (Student Support Coordinator) – Mrs Mackay
- Assistant Principal (Pedagogy) – Mrs Khay
- Learning and Support / Release from Face to Face Teachers – Mr Manners, Mrs Shaw, Mrs Attwood, Mrs White
- Learning and Support / English Support – Mrs Dalais
- Teacher Librarian – Mrs Gleeson
- School Counsellor – Mrs Krause
- Admin Staff – Mrs Carolan (Office Manager), Mrs Dulvey, Mrs Wiggins, Mrs Montgomery
- School Learning Support Officers (SLSOs) – Mrs Grey and Mrs Bone (Support Units), Mrs Cox, Mrs

Vile, Mrs Davis, Mrs Bourke, Ms Young and Mrs Woodcock

- General Assistant – Mr Higgins
- Cleaners – Mr and Mrs Castles.

At the beginning of each new school year, there can be some angst about class placements. As you may or may not be aware, class compositions and sizes are dependent on the number of student enrolments across the whole school and the school is staffed according to these numbers. Class structures must be adhered to according to the Department of Education Class Size Reduction Program. Currently, classes are formed as follows:

- 20 students in Kindergarten classes
- 22 Students in Year 1 classes
- 24 Students in Year 2 classes
- 30 Students in Years 3-6.

Class numbers are averaged out across the state so classes may exceed the recommended number.

Throughout Term 4 last year, teachers started to look at possible class formations based on their extensive experiences and expertise in working with your children in the school setting. This process has involved a great deal of analysis and discussion. Considerations of friendship groups, behaviour, learning and additional needs have been made.

Please be assured that our classes for 2018 have been formed in the best interests of all students across our entire school. Some additional information regarding class formation is provided later in the newsletter.

Mobile Phones

Any students who bring mobile phones to school are to leave them at the office as soon as they arrive at school. Phones will be kept locked away safely, and can be collected again in the afternoon. There is no reason for any student to have a mobile phone during school hours.

Afternoon Pick Ups

We respectfully request that parents wait under the COLAs in the afternoons whilst waiting for children at the end of the school day. This will keep distractions to a minimum and allow safe exit of classrooms when the bell goes. We thank you for your ongoing support to keep our school running smoothly.

Events Coming Up

Please familiarise yourself with our term calendar as we have some important events coming up. Our first, being the swimming carnival on Wednesday next week.

Have a super week everyone and *"Remember that sometimes not getting what you want is a wonderful stroke of luck."* – Dalai Lama

Mrs Van Egmond ☺

Calendar

Term 1 – Week 2

Friday, 9 February 2018	Stage 2 & Stage 3 Assembly Payment due for Swimming Carnival and Lunchtime Dance
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Term – Week 3

Wednesday, 14 February 2018	Swimming Carnival
Friday, 16 February 2018	Early Stage 1 & Stage 1 Assembly

Important Dates for Your Diary

Monday, 19 February 2018	Individual and Class Photos
Wednesday, 21 February 2018	Zone Swimming Carnival
Friday, 23 February 2018	Stage 2 & Stage 3 Assembly
Friday, 2 March 2018	Whole School Assembly
Friday, 9 March 2018	Early Stage 1 & Stage 1 Assembly
Thursday, 15 March 2018	2019 Selective High School Placement Test
Friday, 16 March 2018	Stage 2 & Stage 3 Assembly
Friday, 23 March 2018	Early Stage 1 & Stage 1 Assembly Payment due for Band Fees and Band Tuition
Friday, 30 March 2018	Good Friday
Monday, 2 April 2018	Easter Monday
Friday, 6 April 2018	Whole School Assembly



<https://www.facebook.com/MarylandPublic/>

OFFICE NEWS

Volunteers Needed!

We are looking for volunteers who are willing to cover brand new reading resources for our Stage 2 classes. Volunteers are welcome to work at school or can opt to take home a small number of books and contact to cover at home. We are hoping to have our new readers ready to use in classrooms ASAP! If you are able to assist, please contact Mrs Khay or Mrs Blanch through the office.

Volunteer Workers (Canteen & Classroom)

Under the new Child Protection Act **all** volunteers must complete documentation available at the school office and produce 100 points ID.

You are unable to volunteer in classrooms, canteen, P&C school carnivals etc until this document is handed in to the school office

Dogs On School Grounds

We wish to remind everyone that **dogs are not permitted anywhere on the school site.**

School Voluntary Contributions

These are now payable at the office - \$20.50 per student and can be made electronically.

General Permission Notes

General permission notes need to be returned to class teachers as soon as possible.

Attendance

The school has a legal obligation to monitor and record student attendance. If your child is absent from school it is important to tell the school and provide a reason for the absence.

To explain an absence you may:

- Send a note, fax or email to the school
- Use the school App
- Telephone the school, or
- Visit the school

Class teachers will contact parents or carers of a child in their class who has been away for **two or more days** and no explanation has been received. Lateness is recorded as partial absence and must be explained in the same way as other forms of absence.

School App

The School App for iPhones, smart phones and iPads is available free from the iTunes store or Google Play store. All parents and family members are encouraged to download and access the app.

The calendar will be regularly up-dated and alerts will be provided reminding parents of events and activities.

Just a reminder for parents who already use the school app, you need to go to the set up section in the app and change the year your child / children are in.

Mozzies

Due to the warmer weather we currently have an infestation of mozzies. Please spray your child before school with insect repellent to prevent bites while in the playground. No insect repellent should be sent to school.

Newsletter

Newsletters are emailed each week to parents. It is our preferred method to email. If you do not have an email address or you would prefer a paper copy please return the slip below as soon as possible.

Newsletter Return Slip

I would prefer a paper copy of the newsletter.

Name:.....

Youngest Child's Name:.....Class:.....

School Car Park

Morning and afternoon traffic around the school causes a number of safety concerns particularly around the staff car park. This area has a high traffic activity and ability to see small children when reversing cars is particularly difficult. The staff car park is reserved for disabled students who are transported daily and for staff use only. Parking in the OOSH car park is for OOSH staff and parents to drop off and collect children from the OOSH before 8:30am and after 3:30pm. Students are reminded of these procedures and to enter and exit from the front gates ensuring not to walk through the car park. If you need to use the car park because your child has an injury, please notify the school office and an approval for use will be given. The safety of students, staff and carers of our disabled children is a major priority and we greatly appreciate your support in this matter.

Make Online Payments (Preferred Method)

Payments can be made online using either a Visa or Mastercard credit or debit card. The secure payment page, hosted by Westpac, is accessed via **our website** by selecting

\$ Make A Payment tab.

You can pay for anything that you would normally pay for via the front office.

When you access the Make Online Payments you must enter:

- the student's name, and
- date of birth.

These details are entered each time you make a payment as student information is not held within the payment system. No student's details are given to Westpac. As a consequence, payments for each child need to be made separately. (There is also the option to enter the Student Registration Number and Invoice Number but these fields are not relevant to Maryland PS). You must also enter details about who is paying.

This is a secure payment system hosted by Westpac to ensure that your credit / debit card details are captured in a secure manner. These details are not passed back to the school.

Under payment options, you enter the activity or item for which you are paying. Write a title in the Payment Description that will enable the School Staff to match your payment with the school activity or item.

You have the ability to check and change any details of the payment before the payment is processed. You can print your own receipts or have the receipt emailed to your email account. This gives you immediate proof that you have paid for the item.

The next morning, details of the payments are passed to the school where they will be matched against your child's account. As a receipt has been issued from the payment page a further receipt will not be issued by us.

Payments Made Directly to School Office

If making a payment directly to the school office Eftpos is the preferred option. Cash payments require the correct amount payable as we do not have change. If

change cannot be given the difference will be receipted to the child's account as fees in advanced.

Reward and Recognition

Student achievement is rewarded, recognised and celebrated within our school community by students working towards earning their BRONZE, SILVER or AWARD FOR EXCELLENCE in each stage.

To achieve each level students must collect a number (refer to chart below) of Maryland Merits (grey) cards or gold cards (handed out in Friday's assembly).

- The value of Gold Cards = 2
- The value of Grey Cards = 1

Students may collect a combination of grey and gold cards towards each certificate.

For example a student in Early Stage 1 qualifying for their Bronze Award may have 3 grey cards and 2 gold cards or 5 grey cards and 1 gold card or any number of combinations as long as it equals 7. They then hand these in to the office and their Bronze Award will be handed out the next **whole school assembly** which is held on Friday afternoon from 2.00pm. They would then start collecting and earning grey and gold cards towards their Silver Award.

Stages 1, 2 and 3 earn their Award for Excellence over a two year period, Early Stage 1 have one year.

Stage Attainments

Stage	Bronze Certificate	Silver Certificate	Award for Excellence
Early Stage 1	7	Bronze + 8 = Silver	Bronze + Silver + 10 = Certificate
Stage 1	15	Bronze + 15 = Silver	Bronze + Silver + 20 = Certificate plus School Badge
Stage 2	15	Bronze + 15 = Silver	Bronze + Silver + 20 = Certificate plus a Pen
Stage 3	15	Bronze + 15 = Silver	Bronze + Silver + 20 = Honour Student, Certificate and Medallion in a case

We recognise that some students may have qualified for their Bronze, Silver and Award for Excellence for their stage at the end of last year. In order to recognise this, students will have until Friday, 16 February 2018 to hand their 2016 and 2017 dated cards into the school office.

EARLY STAGE 1 NEWS

Welcome to Maryland Public School! What a wonderful start last Friday, so many eager and happy faces, only the odd tear! Buddies did a great job at recess and lunchtime and we thank them for their time and commitment to this program. An Information Note will

be sent home so look for those in bags later this week and we will be holding a Parent Information Evening very soon! Date and time will be advised.

PICK UP arrangements this week will remain the same as Friday. Parents / carers will be asked to come into classrooms, at approximately 3.55pm to pick their children up. That gives teachers the opportunity to get to know you a little better and ensures our students are safe. OOSH staff will also come to classrooms this week to pick up those students booked in. It is essential that you let your child's teacher know in writing of any changes to pick up routines.

We are certainly looking forward to getting to know our students and their families over the coming weeks and months.

Mrs L Williams (ES1 Leader)

BAND NEWS

Band lessons will commence next week. Due to the swimming carnival on Wednesday lessons will be held on Monday, 12 February. All new students are required to pay their \$25.00 instrument hire fee prior to this lesson.

CANTEEN NEWS

Welcome back to 2018!

We're looking forward to another busy year.

Volunteers are urgently needed for Fridays and there are a few spots to fill on other days.

Please contact the school or visit us at the canteen if you can help.

New Menu

2018 menu is attached to this newsletter. Please note that there has been a few changes from last year's menu.

New Products

- Juices \$1.20 Available in 2 new flavours
Mango & Coconut and Pineapple & Coconut.

Canteen Roster Term 1

Day	Date	Name
Week 2		
Wednesday	7 February	Miyako, Lesley, Robyn
Thursday	8 February	Janelle W, Cher
Friday	9 February	Sheree, Alicia G, Cassandra
Week 3		
Monday	12 February	Carmen, Carolyn R
Tuesday	13 February	Carmen, Sheree
Wednesday	14 February	Miyako, Lesley, Robyn
Thursday	15 February	Lesley
Friday	16 February	Amanda, Bec S, Sharna

PRELOVED UNIFORM SHOP NEWS

Opening Hours

- Tuesday Mornings 8.30am until 9.00am
- Thursday Afternoons 2.45pm until 3.15pm

Carmen & Alisa ☺☺

NEW UNIFORM SHOP NEWS

Opening Hours

- Tuesday 8.30am - 9.30am
- Thursday 2.30pm - 3.30pm

Visit the website by clicking on the link below to order uniforms online.

<http://www.countryfeelinguniforms.com.au/>

COMMUNITY NEWS

Saint Patrick's Church – Wallsend - Shortland Parish Parents / Carers of Children in Year 3 and over 2018

To continue the process of your child's Sacraments of Initiation (*begun in Baptism*) parents are invited to attend an Information Night in St Patrick's School Hall on Tuesday, 20 February at 7.00 pm. This meeting will be facilitated by the Sacramental Team

To enrol your child / children: RSVP BY Friday, 16 February 2018.

Phone Wallsend Presbytery (Elizabeth) on 4955 9575.



Health
Population
Health

FREE & fun program for fitter, healthier, happier kids!

Are you worried about your child's weight?

Go to www.go4fun.com.au to see if your child could do Go4Fun.

Go4Fun is a FREE 10 week program which runs over one school term after school hours. During the program children and their families get involved in fun games and activities and learn about delicious nutritious foods they can eat every day.

Children need to be 7-13 years old and a parent or carer also needs to attend. Younger and/or older siblings are encouraged to attend.

Go to www.go4fun.com.au or call 1800 780 900 to see if your child could do Go4Fun.



Maryland Fletcher F. C.

2018 REGISTRATIONS

Thursday 8 Feb 6pm - 8pm
Saturday 17 Feb 3pm - 6pm
Thursday 22 Feb 6pm - 8pm

E: marylandfletcherfc@newcastlefootball.net.au
W: www.marylandfletcherfc.sportingpulse.net

@ Fletcher Community Centre Kurraka Drive Fletcher



IT'S TIME TO PLAY BALL!



STUDIES SHOW PLAYING SPORTS CAN IMPROVE CHILDREN'S SCHOOL PERFORMANCE, HEALTH AND FITNESS, SELF-ESTEEM, SOCIAL SKILLS AND CHANCES OF SUCCESS.

NEWCASTLE JUNIOR BASEBALL ENCOURAGES HAVING FUN, INCLUSIVENESS, TEAMWORK, GOOD SPORTSMANSHIP, AND PROVIDES A QUALITY, COST EFFECTIVE ALTERNATIVE, TO OTHER WINTER SPORTS

LOCAL JUNIOR CLUBS (HOME FIELD LOCATION)	CONTACT
Belmont Seagulls (BELMONT)	Secretary - 0412 423 769
Maitland Mavericks (GILLISTON HEIGHTS)	Matt - 0429 321 681
Mayfield Boomerangs (MAYFIELD WEST)	Jason - 0439 077 297
Phoenix Charlestown (GATESHEAD)	Ben - 0413 595 853
White Sox (WALLSEND)	Jason - 0418 618 671
Toronto Tigers (BLACKALLS PARK)	Peter - 0411 183 145

AGES - 4-16 yrs old



Good for Kids good for life

FUN IN THE SUN

Summer is the perfect opportunity to ditch the technology and get outside to have fun in the sun! And you don't have to spend a lot of money with these great ideas:

- Create a slip and slide in your yard with a tarp, water and detergent
- Go for a bike or scooter ride to the park
- Go for a picnic and take the soccer ball with you
- Plan a scavenger hunt
- Use chalk to draw on the paths outside your house and play games such as hopscotch
- Get involved in gardening

Have a look online for more great ideas!



PHONE 4924 6499

Good for Kids good for life

SUGARY DRINKS

The NSW Healthy School Canteen Strategy was introduced in 2017. As part of the strategy, sugary drinks are not to be sold in the canteen.

Sugary drinks include: regular soft drinks, flavoured mineral waters, flavoured waters, sports waters, sports drinks, fruit drinks, coconut waters, cordials, slushies and frozen fruit drinks with less than 99% fruit juice. All energy drinks are also included.

Our canteen stocks refreshing everyday drinks for the students and includes water, plain and/or flavoured milk and 99% fruit juice.

Why not try cutting back on sugary drinks at home too?



PHONE 4924 6499



Nutrition Snippet

The simplest way

...to download our free resources.

We have a bunch of great resources on our website for you to print out - free - to help make your whole family healthier.

- Reward your kids using our **My Fruit and Vegetable Chart**.
- Plan ahead, save time and money with your **Family Menu Planner**.
- Make packing lunches easier with our **Healthy Lunch Box Planner**.
- Learn how to manage fussy eaters with our **Strategies for Fussy Eaters Guide**.
- Get new ideas for healthy snacks with our **Fruit and Vegetables Snacks Guide**.
- Find out when to buy your fruit and vegies in our **Seasonality Guide**.



Visit <https://tinyurl.com/ycp5a89a> to download.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Class Structures- FAQ and Answers

What is a multi-age or composite class?

A composite class is where children from different year groups or stages are placed together in one class. Families are composite with adults and children of different ages and stages. How many of your adult friends are the same age as you?

The children in the composite class / cross stage class may study different topics from the single stage class. Should I be worried?

There is no need to be concerned. Different classes can be studying different topics and still cover the syllabus outcomes. Topics are used to provide relevant context, case study, inquiry or example for teaching the key concepts in each subject area. For example 'Antarctica' is a topic. It is an example of a much broader concept of Endangered Environments. This allows the teacher to choose the most relevant example for their students.

How can a teacher teach two stages at once?

The curriculum in NSW is organized as a learning continuum from Kinder to Year 12. Students can be anywhere along this continuum. This continuum is broken into stages, which usually correlates to two years of learning. Students are expected to achieve particular goals or outcomes by the end of each stage.

The following examples show the expected outcomes for Reading and Viewing in Stage 2 and 3.

- Stage 2 Reading and Viewing: Uses an increasing range of skills, strategies and knowledge to fluently read, view and comprehend a range of texts on increasingly challenging topics in different media and technologies.
- Stage 3 Reading and Viewing: Uses an integrated range of skills, strategies and knowledge to read, view and comprehend a wide range of texts in different media and technologies.

You will note the expectation for Stage 3 is more challenging and complex. It is quite possible for students to be studying the same text with a completely different set of expectations. It is not the age of the child that determines what students are ready to learn next. If that were the case every child would learn to walk, talk or read at the same age.

Students are at many stages of readiness in any classroom, regardless of whether the class is a straight class or a composite class. Teachers cater for differences in readiness by grouping children according to purpose and setting curriculum goals appropriate to the needs of the students.

Why group?

It all depends on purpose. Grouping can be based on:

- Readiness
- Interests or
- Different ways to learn, such as collaborative groups, independent study, peer tutors, the internet etc.

We now have a curriculum that is developmental stretching from Kinder to Year 12 in all Key Learning Areas. Students can be anywhere along this continuum so grouping students according to ability, achievement and / or readiness makes a lot of sense.

Groups can be formed full time or part time. Groups can be formed within classes, across classes or can operate as pull out groups. Grouping in Maths and Reading is formed on the basis of readiness so that students are learning content that is 'new'. That is, the content is just difficult enough so students are challenged but not so hard they want to give up.

Research tells us that grouping in Maths and Reading is highly effective in terms of student learning and growth. Groupings can be formed within the class, within stages or across stages. Groupings can be full time or part time or just some of the time.

Will the children in the composite class / cross stage class get the same opportunities as the children in the single stage class?

Children in all classes will follow programs constructed to help them progress at their own level, regardless of whether or not they are in a composite class or single year stage class. In addition the school will make every effort to involve children in any one year group in activities, which bring them all together. However it is important that the natural identity of each class is maintained and the school will ensure this happens.

My child has been put in a composite class with students from a stage or year below him/her. Is he/she being kept back?

No, this is certainly not the case. You can be confident that classes have been constructed to make best use of available staff, resources and space. Children will progress through learning experiences appropriate to their developmental level.

My child's friends are in another class. What should I do?

You should be assured that your child's teacher will be sensitive to the needs of children in his/her class and will be encouraging the class to develop working relationships with each other. It is important that children learn to adapt and not be fearful of change. Children usually make friends very quickly and can cope far better than adults imagine. Children will spend time in the playground mixing with their friends and there will be many opportunities for your child to continue to be involved with his/her whole year group including some curricular activities and social activities such as playtimes.

Can I refuse to have my child in a particular class?

No. The management of the school is the responsibility of the principal. Class structures are formed with a great deal of consideration, consultation, understanding and knowledge of our students. We understand parents only want what they believe is best for their child, as do we.

Are the classes set for the year?

We have formed classes based on the enrolments we have at this time of the year. In very exceptional circumstances, classes can sometimes be restructured at any point during the year.

How can I help my child adjust to their new class?

The teachers and school executive consider each child's academic, social and emotional needs when forming class placements. While friendship groups are considered in forming classes, friendship groups are not the basis for constructing classes. This is an opportunity to support our children to develop resilience, to grow as involved, collaborative and caring citizens. We need to help children know that they can:

- learn to make new friends
- learn to work with people other than their friends
- learn new routines
- learn that they can adapt and change
- learn to explore the world with courage.

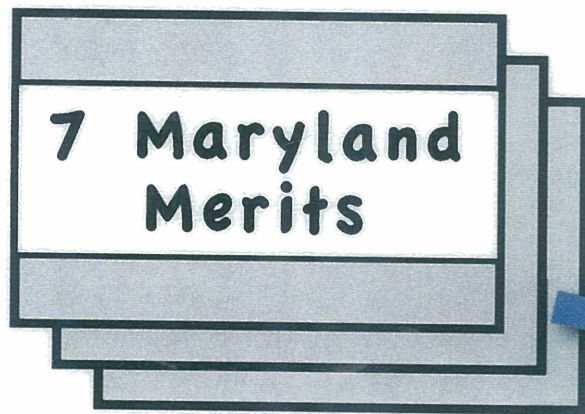
Some children adjust well to change. Others find it harder. Your child will look to you for guidance. Be positive and reassure them that adjusting to change takes time. Let them voice their concerns but try not to step in to solve the problem for them. It takes a lot of time and thought to put new classes together. Moving your child to a different class might seem an easy solution but it is not always possible. It is important that your child's year begins on a positive note and that we all work together to build strong and supportive partnerships.

If you need to discuss any concerns or issues in regard to your child you should:

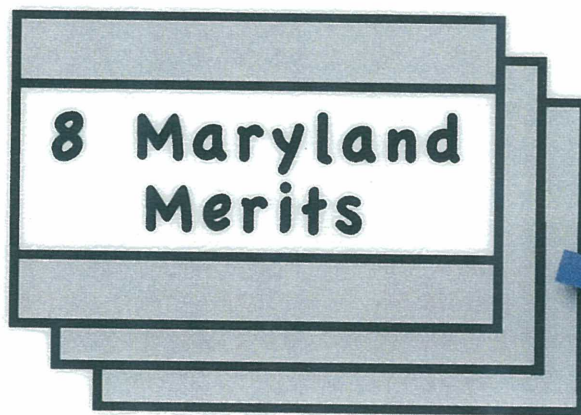
1. Firstly have a chat with the class teacher then-
2. If you need to discuss the matter further please make an appointment with an Assistant Principal: Mrs Lorraine Williams - ES1, Mrs Kim Mackay - Stage1 and Support Unit classes, Ms Megan Blanch - Stage 2 and Mr Benjamin Blyth - Stage 3. Mrs Melissa Khay is also available Monday-Wednesday.

If the matter remains unresolved or requires further attention please ring the school office on 4955 9430 and make an appointment to talk with Mrs Annette Van Egmond, the school principal.

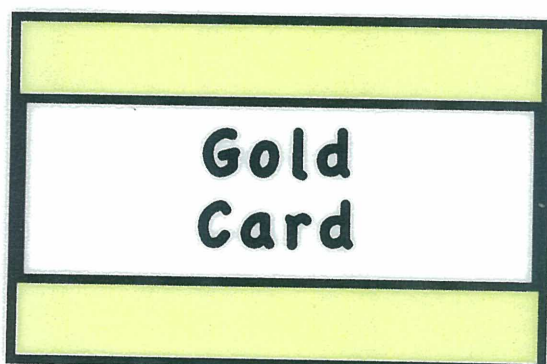
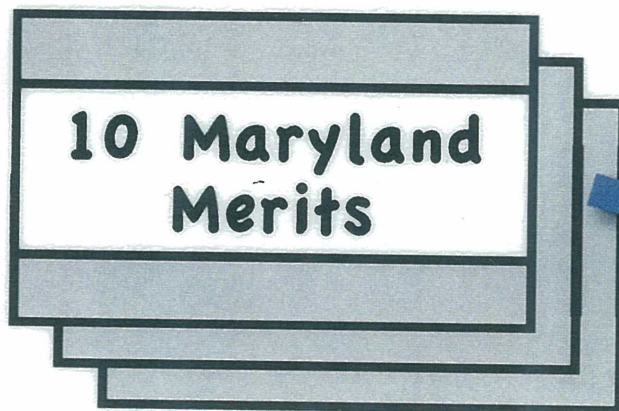
Maryland Public School REWARDS & RECOGNITION



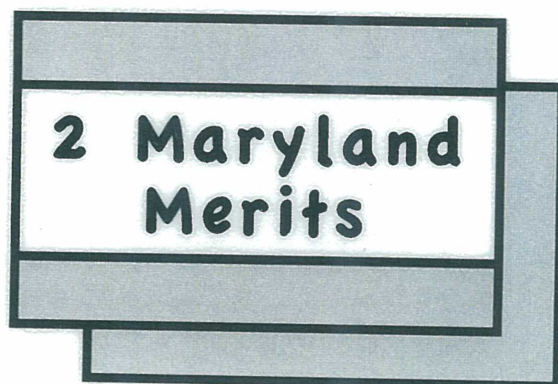
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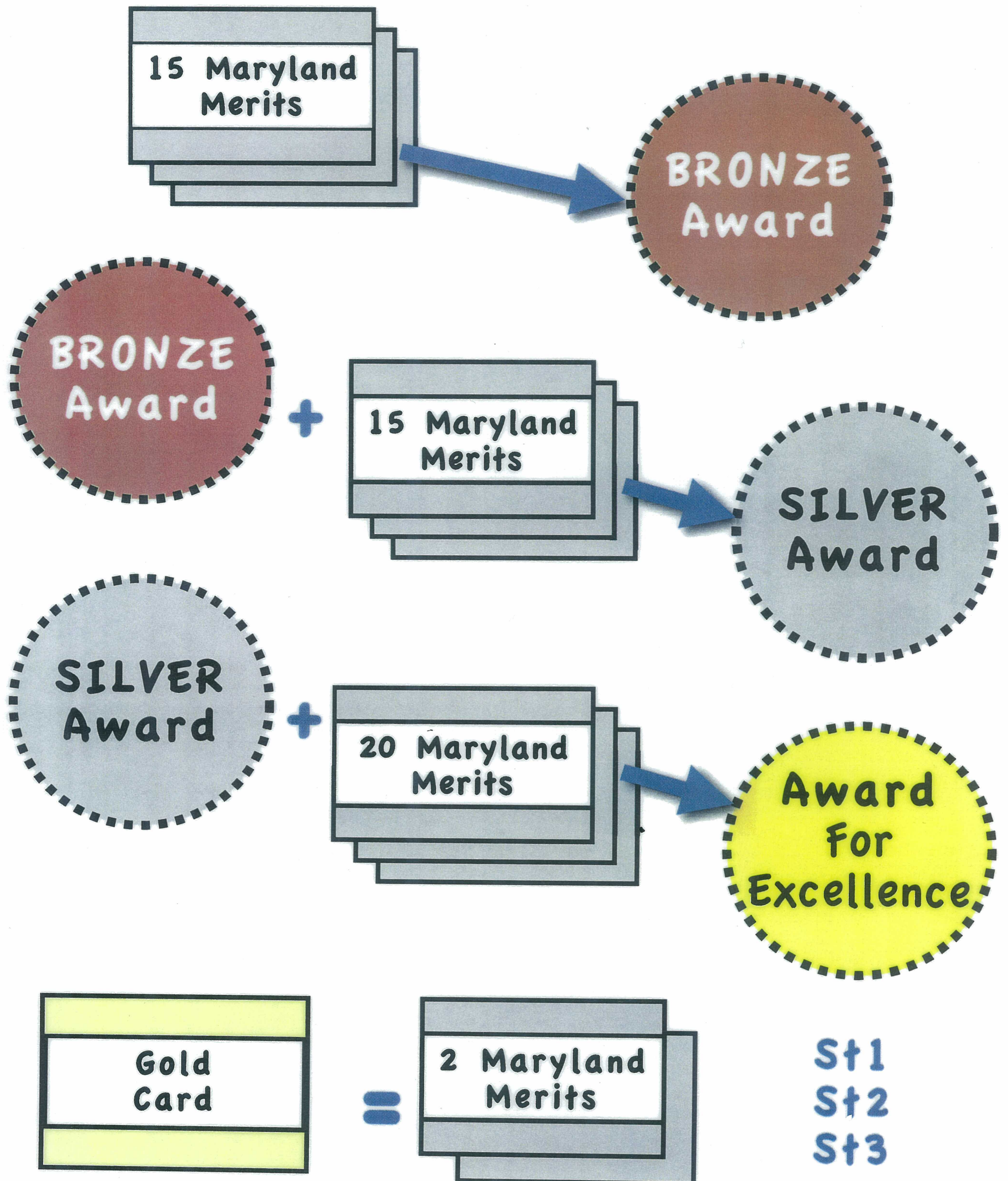
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ES1



Maryland Public School REWARDS & RECOGNITION





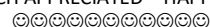
MARYLAND CANTEEN MENU 2018

SANDWICHES		EVERY DAY		HOT FOOD		WEDNESDAY SPECIALS	
Buttered	\$1.50	Garden Salad - Small	\$3.50	Mac & Cheese	\$3.50	RECESS	
Vegemite/Jam	\$1.60	Garden Salad - Large	\$4.00	Lasagne	\$3.50	Toasted Triangles	\$0.60
Cheese	\$2.50	Ham Salad – Small	\$4.00	Penne Napolitana	\$3.50	Mini Sushi	\$0.80
Cheese & Tomato	\$3.00	Ham Salad – Large	\$5.00	Hot Cheese Roll	\$2.50	Rice Paper Rolls	\$1.50
Egg	\$3.00	Chicken Salad – Small	\$4.00	Hot Chicken Roll	\$3.50	*Available Recess or Lunch*	
Egg & Lettuce	\$3.50	Chicken Salad – Large	\$5.00	MONDAY SPECIALS		LUNCH	
Egg Salad	\$4.50	Egg Salad – Small	\$4.00	RECESS		Fried Rice	\$3.80
Salad	\$4.00	Egg Salad – Large	\$5.00	Mini Chicken Enchiladas	\$0.80	Stir Fry Noodle Box	\$4.50
Chicken or Ham	\$3.50	Warm Chicken Salad	\$5.00	Hash Browns	\$0.60	Sausage Roll	\$2.50
Chicken, Lettuce & Mayo	\$4.00	Fruit Salad – Small	\$4.00	LUNCH		THURSDAY SPECIALS	
Chicken Salad	\$4.80	Fruit Salad – Large	\$4.50	Nachos	\$3.50	RECESS	
Ham, Cheese & Tomato	\$4.00	*Add Yoghurt*	\$0.50	Mexican Wrap (Mince, Cheese, Lettuce, Tomato)	\$4.50	Fruit Kebabs	\$0.80
Ham Salad	\$4.80	Fruit & Yoghurt Cup	\$3.00			Scrolls – Homemade	\$1.20
EXTRAS		SNACKS		Chicken Wedges	\$0.80	LUNCH	
Roll/Wrap	\$0.60	Fresh Fruit Cups	\$1.20	TUESDAY SPECIALS		Ham & Pineapple Pizza	\$2.50
Sauce – Tomato/BBQ	\$0.30	Carrot Sticks	\$0.30	RECESS		Cheese & Bacon Pizza	\$2.50
Mayonnaise/Aioli	\$0.30	Cheese & Crackers	\$0.80	Mini Nachos	\$0.80	Garlic Bread	Full \$2.50 Half \$1.50
Sweet Chilli/Salsa	\$0.30	Cereal Snacks	\$0.30	Zucchini Slice	\$0.60		
Sour Cream	\$0.50	Red Rock Deli Chips	\$1.50	LUNCH			
Lettuce	\$0.80	MPS Snack Box	\$2.00	Chicken Burger	\$3.80	Chicken Kebab	\$4.50
Tomato	\$0.80	Vegie Sticks, Dip, Cheese & Crackers		MPS Hamburger (Lettuce, Tomato, Cheese, BBQ)	\$4.00	(Lettuce, Tomato, Cheese, Onion & BBQ Sauce)	
Cucumber	\$0.80	Pikelets (3 Pack)	\$0.50	Hot Potato	\$4.50	FRIDAY SPECIALS	
Carrot	\$0.80	Peckish Rice Crackers	\$0.80	Mexican, Hawaiian or Vegetarian		RECESS	
Beetroot	\$0.80	Fresh Fruit – Seasonal	\$0.80			Pizza Subs	\$0.80
Onion	\$0.80	DRINKS & ICEBLOCKS				Cheesy Garlic Bread	\$0.70
Egg, Ham Or Chicken	\$2.00	Plain Milk - 300ml	\$1.20	Bevco Frozen Fruit Cup	\$0.80	LUNCH	
Salad	\$3.00	Flavoured Milk (Chocolate, Strawberry or Banana)	\$1.80	Quelch Sticks	\$0.60	B.L.T Wrap	\$4.50
WATER				Paddle Pop Varieties	\$1.60	Party Pies	\$1.00
Mini Water Bottle	\$1.00	Up & Go – Assorted Flavours	\$1.80	Juicies	\$1.20	Chicken Tender Wrap SML	\$2.50
Water – 600ml	\$1.80	Juice – Assorted Flavours	\$1.80	Twisted Frozen Yoghurt	\$2.00	(Lettuce & Mayo) LRG	\$4.00

****ALL ITEMS SUBJECT TO AVAILIBTY – ITEMS MAY NEED TO BE SUBSTITUTED IF THIS OCCURS YOUR CHILD NOTIFIED AND GIVEN THE OPTION TO CHANGE TO ANOTHER ITEM AVAILABLE ON THE DAY****

****ORDERS MUST BE PLACED NO LATER THAN 9AM****

YOUR SUPPORT IS MUCH APPRECIATED – HAPPY ORDERING MPS STAFF



MARYLAND CANTEEN IS CALLING FOR VOLUNTEERS

- WHERE:** Maryland Public School Canteen
WHEN: Weekly, Fortnightly, Monthly or Per term.
HOURS: School Hours
EXPERIENCE: Not necessary. Everything you need to know will be learnt within a short space of time.
SALARY: "A La Carte" lunch (healthy sandwich, wrap or meal of your choice), a drink & unlimited tea and coffee and of course friendship.
REQUIREMENTS: Complete Appendix 5 available for school office and provide 100 points ID. Enclosed shoes.
BONUS: Your child / children will be happy to see you in their favourite place - school! You get to spoil them a little, whilst getting to meet new people and make friends within the school community.
APPLICATIONS CLOSE: NEVER!

Please complete the form below and send it back to the canteen as soon as possible.

CANTEEN VOLUNTEER FORM

NAME: _____
TELEPHONE: _____
CHILD'S NAME: _____
CLASS: _____

PLEASE NOMINATE: [DAY WHICH YOU PREFER TO WORK AND HOW OFTEN]

- | | |
|------------------------------------|--------------------------------------|
| <input type="checkbox"/> Monday | <input type="checkbox"/> Weekly |
| <input type="checkbox"/> Tuesday | <input type="checkbox"/> Fortnightly |
| <input type="checkbox"/> Wednesday | <input type="checkbox"/> Monthly |
| <input type="checkbox"/> Thursday | |
| <input type="checkbox"/> Friday | |

PLEASE CIRCLE PREFERENCE:

- ❖ Half Day Morning (9am-11:30am)
- ❖ Half Day (11:30am-2:00pm)
- ❖ Full Day (9am-2pm)

IF POSSIBLE I WOULD LIKE TO WORK WITH:

You're invited to come along to 'Parent and Child Playgroup'

What is it?

The 'Parent and Child Playgroup' is a supported playgroup open to any family/carers with young children aged 0-5 years.

Supported playgroup is a great way to connect with other parents/carers of young children who may also be experiencing challenges and looking for support.

What does supported playgroup mean?

A supported playgroup is run by experienced Early Intervention Teachers and Therapists, who together with the parents/carers, plan and run activities that build each child's development and their families' knowledge and skills to enable them to best support their child's development.

Who should attend?

Families who

- Are waiting for access to an NDIS Early Intervention service
- Have concerns about their child's development
- Are from culturally diverse backgrounds
- Would like to meet other parents and children in a fun and supportive environment

When and where?

Tuesday mornings 9:30am – 11:30am in school terms

Maryland Neighbourhood Centre

207 Maryland Drive,

Maryland 2287

<http://thecanopy.org.au/maryland-neighbourhood-centre/>

Who can I contact for more information?

Aspect on (02) 8977 8341 or Maryland Neighbourhood Centre on (02) 4955 8111

